

# Judith Moore, MA, MFT

MFT# 46735

140 B St. #256, Davis, CA 95616

(530) 574-3657

## Adult Intake Questionnaire

Name of Client \_\_\_\_\_ Date \_\_\_\_\_

Age \_\_\_\_\_ DOB \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ May I leave a message on this phone? \_\_\_\_\_

E-mail \_\_\_\_\_ Occupation \_\_\_\_\_

Employer \_\_\_\_\_

Educational level \_\_\_\_\_ Relationship status \_\_\_\_\_

Partner's Name \_\_\_\_\_ Occupation \_\_\_\_\_

Names and ages of Children: \_\_\_\_\_

Names and ages of others in your household \_\_\_\_\_

Emergency contact information \_\_\_\_\_

What is the best way for me to contact you? \_\_\_\_\_

Referred by \_\_\_\_\_

**Areas of Concern:** Please write "P" or "C" for Past or Current/recent symptoms.

Headaches \_\_\_\_\_ Dizziness \_\_\_\_\_ Fainting \_\_\_\_\_ Fatigue \_\_\_\_\_ Allergies \_\_\_\_\_

Anxiety \_\_\_\_\_ Panic Attacks \_\_\_\_\_ Feel Tense \_\_\_\_\_ Hyperactivity \_\_\_\_\_ Impulsivity \_\_\_\_\_

Trauma \_\_\_\_\_ Flashbacks \_\_\_\_\_ Distrust of Others \_\_\_\_\_

Decreased Appetite \_\_\_\_\_ Increased Appetite \_\_\_\_\_ Nausea \_\_\_\_\_

Stomach Trouble \_\_\_\_\_ Anorexia/Purging \_\_\_\_\_ Weight Gain/Loss \_\_\_\_\_

Bowel Disturbance \_\_\_\_\_ Frequent Urination \_\_\_\_\_ Blurred Vision \_\_\_\_\_ Tics \_\_\_\_\_

Insomnia \_\_\_\_\_ Increased Sleep \_\_\_\_\_ Decreased Need for Sleep \_\_\_\_\_ Nightmares \_\_\_\_\_

Sadness \_\_\_\_\_ No Interest \_\_\_\_\_ Isolation \_\_\_\_\_ Loneliness \_\_\_\_\_ Hopelessness \_\_\_\_\_ Feel Like Crying \_\_\_\_\_

Feel Worthless \_\_\_\_\_ Elevated Mood \_\_\_\_\_ Mood Swings \_\_\_\_\_ Racing Thoughts \_\_\_\_\_

Sexual Dysfunction \_\_\_\_\_ Financial Problems \_\_\_\_\_ Relationship Issues \_\_\_\_\_

Conflict Within Family \_\_\_\_\_ Can't Keep Friends \_\_\_\_\_

Verbal, Emotional, Physical, Sexual Abuse \_\_\_\_\_ Victim of Violent Crime \_\_\_\_\_

Visual Hallucinations \_\_\_\_\_ Recent Smelling Things Others Don't Smell \_\_\_\_\_ Hearing Voices \_\_\_\_\_

Paranoia \_\_\_\_\_ Obsessions \_\_\_\_\_ Excessive Checking, List-Making, Washing \_\_\_\_\_ Compulsions \_\_\_\_\_

Please explain \_\_\_\_\_

Anger \_\_\_\_\_ Aggression \_\_\_\_\_ Please explain \_\_\_\_\_

Homicidal Thoughts \_\_\_\_\_ Please explain \_\_\_\_\_

Suicidal Actions/Thoughts \_\_\_\_\_ Please explain \_\_\_\_\_

Do you have any other conditions or symptoms it would be important for me to know about you?

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Do you have any specific goals with regard to your treatment? Any concerns about treatment?

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### **Psychological History**

Have you ever received mental health treatment before? \_\_\_\_ When and for how long? \_\_\_\_\_

What was the focus of treatment? \_\_\_\_\_

What are some individual or relational problem areas for you? \_\_\_\_\_

How have you attempted to deal with them in the past? Were your efforts successful? \_\_\_\_\_

Have you ever undergone psychological testing? \_\_\_\_\_ If so, by whom? \_\_\_\_\_

Have you ever been hospitalized for mental or emotional problems? \_\_\_\_\_

When and for how long? \_\_\_\_\_

Why were you hospitalized? \_\_\_\_\_

Name of treating hospitals, doctors, therapists, addresses, telephone numbers (I will not contact these therapists without your written authorization): \_\_\_\_\_

(Please continue on back of page)

Have you ever taken any medications for a mental or emotional condition? \_\_\_\_\_

What meds, when and for how long? \_\_\_\_\_

Have you ever attempted suicide? \_\_\_\_\_ When? \_\_\_\_\_

Describe the circumstances that led to that (those) attempt(s.) \_\_\_\_\_

Are you currently having any suicidal thoughts? Please describe \_\_\_\_\_

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### **Medical History**

Name, address, and telephone number of physician: \_\_\_\_\_

Have you ever been diagnosed with a serious illness? Please describe \_\_\_\_\_

Are you experiencing any medical/physical symptoms you attribute to a mental, emotional, or stress-related condition? Please describe. \_\_\_\_\_

Do you have any medical conditions that may be affecting your mental health? \_\_\_\_\_

Are you currently taking any prescription medications? \_\_\_\_ How long have you been on the medications? \_\_\_\_\_

Name of prescribing doctors, addresses, telephone numbers (I will not contact these doctors without your written

authorization): \_\_\_\_\_

Please describe your overall health today \_\_\_\_\_

Do you Smoke? And if so, how much: \_\_\_\_\_

Do you Drink Alcohol? And if so, how much/often: \_\_\_\_\_

Do you Take Drugs? And if so, how often and what kind: \_\_\_\_\_

Past drug experiences: \_\_\_\_\_

Have you ever been in a 12-step program? Please describe. \_\_\_\_\_

### **Family of Origin History**

Please describe your family of origin, including names and ages of family members, and your relationships with them:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### **Other Information- Do not fill out if uncomfortable with any questions.**

Please describe your spiritual identity/orientation. \_\_\_\_\_

Please describe your interests/hobbies \_\_\_\_\_

Are you now or have you ever been involved in a lawsuit? \_\_\_\_\_ Please describe: \_\_\_\_\_

Please feel free to include any other information that you believe is relevant to your mental health treatment: \_\_\_\_\_

\_\_\_\_\_

**Completed by:** \_\_\_\_\_ **Date:** \_\_\_\_\_

I have been provided a statement of HIPPA regulations regarding the Privacy Act and the legal communication of private medical records on Judith Moore's website: [judymooremft.com](http://judymooremft.com)

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_

I have been provided a statement of Patient's Rights and Responsibilities on Judith Moore's website: [judymooremft.com](http://judymooremft.com)

### **Financial Information:**

How do you intend to pay for treatment? (Venmo, check, Insurance)

\_\_\_\_\_

**Private pay clients are billed at \$150 per session paid at the time of service.**

### **If planning to use health insurance:**

Name of Insurance Company \_\_\_\_\_

Name of Primary Insured (if a parent or other) \_\_\_\_\_

Policy # \_\_\_\_\_  
Tel. number on Ins. Card for Mental Health Services \_\_\_\_\_

Telephone Number of Insured \_\_\_\_\_  
Address of Insured \_\_\_\_\_  
Primary Insured's Social Security Number (for Optum only) \_\_\_\_\_  
Primary Insured's DOB \_\_\_\_\_  
Is Authorization required? \_\_\_\_\_ If yes, Authorization # \_\_\_\_\_  
Number of sessions allowed per year or per Authorization \_\_\_\_\_  
Is there a deductible? \_\_\_\_\_ If yes, what is it per year \_\_\_\_\_  
Is there a co-pay per session for which you are responsible? \_\_\_\_\_ How much per session? \_\_\_\_\_

**Insurance Assignment, Information Release and Consent to Treatment:**

I, the undersigned, certify that **I have reviewed the attached treatment agreement and privacy policy**; give my consent to treatment and that I have insurance coverage with \_\_\_\_\_ and **assign directly to Judith Moore, MFT** all insurance benefits, if any, otherwise payable to me for services rendered. **I understand that I am financially responsible for all charges, whether or not paid by insurance.** I hereby authorize the release of all information necessary to secure the authorization of services, insurance case audit and the payment of benefits. I authorize the use of this signature on all insurance submissions.

**Responsible Party Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Responsible Party Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

I understand that this is a contract for services rendered. If client does not give cancellation notice of 24 hours prior to appointment time, client is aware he/she/they will be responsible for payment of Judy Moore's full fee for service. By signing, you agree to pay \$150 for any missed appointment unless Judy extends a courtesy fee of her contracted rate with your insurance company.

**Please be advised that I do not write reports for Disability, Workman's Compensation, Divorce Cases or Child Custody Cases.**

**Due to Covid 19, all sessions are being conducted by Zoom, Face time or cell phone.**

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_