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CLIENT TREATMENT AGREEMENT

Welcome to my practice. I appreciate your trust and the opportunity to be of service to you. **CONSENT TO TREATMENT:** I, ______(Client or legal Guardians)

that while the course of treatment is designed to be helpful, that no practitioner can make a guarantee of positive outcome from the treatment. Further, the psychotherapeutic process can bring up uncomfortable feelings and reactions such as anxiety, sadness and anger. I understand that this is a normal response and a precondition to working through unresolved life experiences.

CONFIDENTIALITY: is a promise to reveal nothing about you or your situation while you are in treatment with me. Children and teenagers have confidentiality when they are working with me. Before I share any information outside of session I will get your permission in writing. I do consult regularly with other therapists in order to become a better therapist and should I discuss your case, I will not reveal your name or any identifying information.

There are four situations where I will not keep what you tell me confidential or secret:

- 1) If you tell me about child abuse, including physical, sexual abuse, or neglect, because I am a mandated reporter. I also must report elder abuse or the abuse of a dependent adult.
- 2) If you tell me you are going to hurt yourself or hurt someone else
- 3) If a judge orders the disclosure
- 4) In transactions with your insurance company in regard to collection of fees owed.

COURT: If you ever become involved in a court matter, including but not limited to a divorce, custody dispute, lawsuit, workman's comp claim, etc. please be aware that I do not provide information such as letters to or reports for the court. I do not make custody recommendations.

Due to Covid 19 all sessions are now conducted by Zoom, Facetime or cell phone.

AGREEMENT: I have read and understand the above and agree with my obligations according to it. I understand that I will receive a copy of this contract/agreement if requested.

Date Client Signature

Client Signature

Date